



English Martyrs Catholic Church

Confirmation 2018



Choosing your confirmation name

I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen

One of the great gifts of Confirmation is that you get to choose a new name - your Confirmation name. This new name reflects the permanent seal, the real change in your soul that happens. You become a new 'you' and so you get a new name. Follow these 5 steps:

1. *Pray to Holy Spirit, to Our Lady and the saints for guidance and discernment.*
2. *Research: ask family and those you trust. Do your own research. Think of saints whom you have learned about before. Consider the name of a parent or relative.*
3. *Identify a few saints whom you have grown to love and admire and want to imitate. Do some more research.*
4. *Choose – do not worry if you are a little unsure. Your saint will look after you.*
5. *Pray again in thanksgiving.*

My chosen CONFIRMATION NAME: _____

<i>What you have found out about this saint</i>	<i>Why I have chosen this name</i>
To be completed and submitted by:	/ / 2018

Begin your research here: www.catholic.org/saints/

www.catholicism.org/category/lives-of-the-saints

www.roman-catholic-saints.com